

DRSABCD Action Plan



D

DANGER

Check for danger – ensure scene is safe

R

RESPONSE

Check for response – ask name, squeeze shoulders

No response

S

SEND

Send for help – Call Triple Zero (000) for an ambulance, or ask a bystander to make the call

A

AIRWAY

Open mouth – look for foreign material

No foreign material

Leave on back – tilt head to open airway

B

BREATHING

Check for breathing – look, listen, feel

Not breathing normally

Ensure an ambulance has been called on Triple Zero (000)

C

CPR

Start CPR – 30 compressions : 2 breaths
If unwilling or unable to perform breaths, perform chest compressions only (100/min)

D

DEFIBRILLATION

Apply defibrillator (AED) as soon as available
Follow the voice prompts

Responsive

Make comfortable
Look for signs and symptoms
Manage cause
Call Triple Zero (000) if deemed necessary

Foreign material

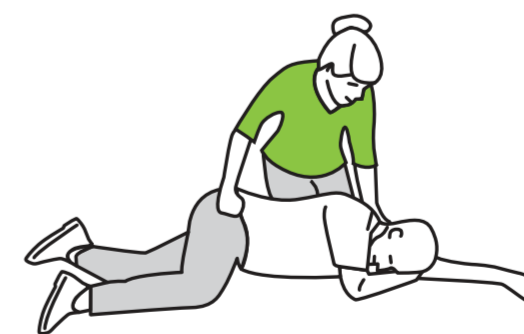
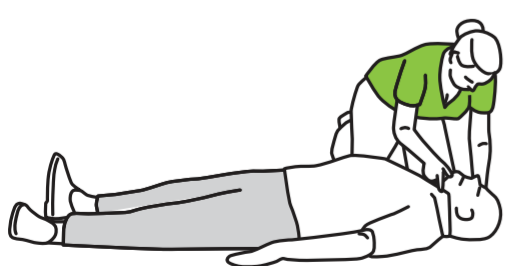
Place in recovery position
Open mouth and clear away foreign material
Tilt head to open airway

Breathing normally

Place in recovery position
Ensure ambulance has been called
Monitor breathing and response

Continue CPR until:

- The casualty shows responsiveness and normal breathing
- Medical aid arrives
- You are physically unable to continue



SUPPLIES • TRAINING • EVENTS • DEFIBS • PATIENT TRANSPORT