

Stopping the Blood Flow

Focus:

- *Treating an open wound.*

Worksheet information:

- Look at and discuss the illustrations and read the explanations. What is each child doing? Explain that the heart is the pump which sends blood around the body. If the injured part is raised, the heart has to work harder to pump the blood; in effect, the flow slows.
- Check area below bandage for pins and needles, numbness, reduced temperature and/or going purple, any of which may indicate that the bandage is too tight.
- Revise the treatment of a nosebleed. Use index finger and thumb as a peg to pinch the fleshy part

of the nose. Keep head above the level of the heart and lean forward slightly, looking at the floor.

Additional activities

- Role play a first aid instructor explaining how to treat an open wound.
- Write a recount involving a person requiring first aid for an open wound.

First Aid Puzzle

Focus:

- *Revising first aid information.*

Worksheet information:

- Read through the alphabetical list of words which are the answers to the puzzle. Ask students to define them or comment on their relevance to first aid.
- Read through the clues and consider which word from the list could be the answer.
- Students complete the puzzle independently or in small groups.

Answers:

Down:

1. burns
2. numb
3. clean
4. heart
5. unconscious
9. bandage
14. accidents
15. cover
16. response

17. raise 19. danger 22. cool

Across:

6. press
7. ambulance
8. sunburn
10. treatment
11. prevent
12. airway
13. breathing
17. recovery
18. pump
20. identify
21. safe
22. casualty

Additional activities

- Organise a class quiz using the same information.
- Divide the class into groups. Each group creates a quiz booklet based on one section of first aid. Determine the number of questions required beforehand.