DRSABCD
Action Plan

**Danger**
Check for danger
Ensure scene is safe

**Response**
Check for response
Ask name, squeeze shoulders

**No Response**

**Send**
Send for help
Call Triple Zero (000) for an ambulance, or ask a bystander to make the call

**Airway**
Open mouth
Look for foreign material

**Foreign material**
Place in recovery position
Open mouth and clear away foreign material
Tilt head to open airway

**Not foreign material** > Leave on back – tilt head to open airway

**Breathing**
Check for breathing
Look, listen, feel

**Breathing normally**
Place in recovery position
Ensure ambulance has been called
Monitor breathing and response

**Not breathing normally** > Ensure an ambulance has been called on Triple Zero (000)

**CPR**
Start CPR – 30 compressions : 2 breaths
If unwilling or unable to perform breaths, perform chest compressions only (100/min)

**Continue CPR until:**
- The casualty shows responsiveness and normal breathing
- Medical aid arrives
- You are physically unable to continue

**Defibrillation**
Apply defibrillation (AED) as soon as possible
Follow the voice prompts