

Management of Severe Allergic Reaction (Anaphylaxis)

How to give the EpiPen and EpiPen Jr

1. Lay casualty flat. If breathing is difficult allow the casualty to sit in a comfortable position.
2. Ask the casualty if they are carrying an adrenaline auto injector, an EpiPen.
3. If asked, help the casualty administer the EpiPen. If in doubt, it is better to use the EpiPen than not to use it.
4. Call triple zero (000) for an ambulance
5. Keep the casualty lying flat. If breathing is difficult allow the casualty to sit in a comfortable position
6. Monitor the casualty's breathing
7. If no response after five (5) minutes, further adrenaline may be given
8. Follow DRSABCD

How to give EpiPen

- 3a. Pull off the blue safety release
- 3b. Place orange end against outer mid-thigh (with or without clothing) but avoid pockets and seams
- 3c. Push down hard until a click is heard or felt and hold in place for 3 seconds
- 3d. Remove EpiPen

Note: When administering the EpiPen to a child, you may need to brace the casualty.



EpiPen® Jr



EpiPen®