



TARGET KIDS FIRST FIRST AID COURSE

Supported by



More children die of injury versus cancer, asthma and infectious diseases combined.*

Kids First provide parents and carers⁺ with information and guidance to prevent injury to children as well as giving the knowledge and skills required to provide basic first aid and emergency care for children.

COURSE CONTENT

- Call for emergency assistance
- Manage a scene where First Aid is required, including casualty assessment
- Manage choking and near drowning
- Administer Cardiopulmonary Resuscitation (CPR)
- Manage adolescent medical emergencies such as:
 - Asthma;
 - Seizures; and
 - Diabetes
- Handle infection control
- Prevent unintentional injury in the home
- First Aid management of casualties with:
 - Bleeding and amputations;
 - Burns;
 - Eye, ear and nose injuries;
 - Head, neck and spinal injuries;
 - Bites and stings;
 - Fractures and soft tissue injuries; and
 - Poisoning

DURATION 4 HOURS

BOOK NOW CALL 1300 106 499

MORE FROM ST JOHN

St John offers a number of different course options, if you are considering working in childcare or wish to expand your knowledge you may consider completing our Senior First Aid (Level 2) qualification. With a number of flexible options allowing you to choose between completing the course over two days at a St John training venue or in only one day through our Senior First Aid FASTTRACK course.

St John has a wide range of First Aid kits to suit different needs, when booking speak to one of our consultants to understand which kit is right for you.

KIT SERVICING

Is your First Aid Kit at home stocked, up to date and ready for an emergency?

It is important that once a First Aid item is used it is replaced to avoid contamination, St John First Aid components can be purchased online at www.stjohnvic.com.au

ABOUT ST JOHN

With 125 years experience St John is Australia's leading First Aid provider training over 315,000 Australians in life saving First Aid every year. By training with St John you can be confident you are receiving the very best training and can feel good knowing that you are contributing to your community as the money raised through the sale of First Aid training and kits funds the operations of our Volunteers in providing First Aid at events around the country.

* Ten Key Facts about child injury in Australia, Kidsafe Australia <http://www.kidsafevic.com.au/pdf/tenfacts.pdf>

⁺ KIDS FIRST is tailored for non-commercial carers. Individuals seeking a qualification for childcare are recommended to enrol in a St John Senior First Aid (Level 2) course.

St John Ambulance Australia (VIC) Inc Head Office: 170 Forster Road, Mt Waverley VIC 3149

www.stjohnvic.com.au
CALL 1300 106 499

FIRST AID FOR LIFE



St John